

September 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Labor Day Holiday	4 Pesto Tortellini Garlic Bread Veggie Cup Side Salad	5 Cheese Pizza Side Salad Veggie Cup Cookie	6 Cheese Quesadillas Sour Cream, Salsa, Refried Beans Veggie Cup Side Salad	7 Hot Dogs and Beans Popcorn or Black Bean Burger Veggie Cup Side Salad
10 Lasagna or Eggplant Parm Green Beans Garlic Bread Side Salad	11 Chicken Caesar Wraps or Tomato Mozarella Pesto Side Salad Veggie Cup	12 Cheese Pizza Side Salad Veggie Cup Cookie	13 Nachos Meat or Bean Cheese, Sour Cream, Corn Side Salad	14 Grilled Cheese Tomato Soup Side Salad Veggie Cup
17 Macaroni and Cheese Garlic Bread Side Salad Veggie Cup	18 Burgers or Black Bean Burger French Fries Veggie Cup	19 Cheese Pizza Side Salad Veggie Cup Cookie	20 Burritos Meat or Bean Cheese, Sour Cream, Salsa, Veggie Cup Side Salad	21 Veggie Flatbread or Buffalo Chicken Wrap Veggie Cup Side Salad
24 Chicken Broccoli Ziti or Tomato Mozzarella Pesto Garlic Bread Side Salad	25 Barbeque Chicken Potatoes Roasted Veggies or Veggie Hummus Wrap	26 Cheese Pizza Side Salad Veggie Cup Cookie	27 Pulled Pork or Black Bean Burger Cole Slaw Veggie Cup Side Salad	28 Rice Bowl Teriyaki Chicken or Tofu with Broccoli Side Salad Veggie Cup

KITCHEN NOTES:

Full Lunch \$4.00
Includes Entree, All Sides, Fresh Fruit, Milk

Salad Bar \$4.00
Salad (to include a Protein: Chicken, Cheese, Egg) Fruit, Roll, Drink

Breakfast \$2.00
Includes Breakfast Item, Fruit, Drink

A la carte
Breakfast Item \$2.00
Fruit \$.25

Drinks \$.50
Fat Free Chocolate Milk, 1% Milk, Orange Juice.

Menu Subject To Change

Daily Offering include peanut butter and jelly on fresh wheatberry bread, Grab and go bagel meal (bagel, cream cheese, fresh fruit, cheese stick), salad bar. Side salads and veggie cups also offered daily.

Breakfast is served at 10:30 AM (9:30 on Wednesdays) in the cafeteria.

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