

# January 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 New Year's Day School Closed	2 No Service	3 Cheese Pizza Side Salad Veggie Cup Cookie	4 Pesto Tortellini Garlic Bread Roasted Mixed Veggies Veggie Cup Side Salad
7 Macaroni and Cheese Cauliflower Side Salad Veggie Cup	8 Chicken Caesar Wrap or Veggie Hummus Wrap Veggie Cup Side Salad	9 Cheese Pizza Side Salad Veggie Cup Cookie	10 Nachos Meat or Bean, Cheese, Sour Cream, Salsa, Corn, Veggie Cup Side Salad	11 Italian Sub or Tomato Mozzarella Pesto Veggie Cup Side Salad
14 Shepherd's Pie with Vegetarian Option Veggie Cup Side Salad	15 Cheeseburger or Black Bean Burger French Fries Cole Slaw, Veggie Cup Side Salad	16 Cheese Pizza Side Salad Veggie Cup Cookie	17 Cheese Quesadillas Chicken Tortilla Soup Sour Cream, Salsa Refried Beans Veggie Cup, Side Salad	18 Grilled Cheese and Tomato Soup Veggie Cup Side Salad
21 Holiday School Closed	22 No Service	23 Cheese Pizza Side Salad Veggie Cup Cookie	24 Burritos Meat or Bean Sour Cream, Salsa Veggie Cup Side Salad	25 Veggie Flatbrad or Chicken Wrap Veggie Cup Side Salad
28 Cheese Lasagna or Eggplant Parmesan Green Beans Garlic Bread, Side Salad, Veggie Cup	29 BBQ Chicken Mashed Potatoes Squash or Tomato Mozzarella Pesto	30 Cheese Pizza Side Salad Veggie Cup Cookie	31 Chef's Choice	

**Full Lunch \$4.00**  
Includes Entree, All Sides, Fresh Fruit, Milk

**Salad Bar \$4.00**  
Salad (to include a Protein; Chicken, Cheese, Egg) Fruit, Roll, Drink

**Breakfast \$2.00**  
Includes Breakfast Item, Fruit, Drink

**A la carte**  
Breakfast Item \$2.00  
Fruit \$.25

**Drinks \$.50**  
Fat Free Chocolate Milk, 1% Milk, Orange Juice.

Menu Subject To Change

Daily Offering include peanut butter and jelly on fresh wheatberry bread, Grab and go bagel meal (bagel, cream cheese, fresh fruit, cheese stick), salad bar. Side salads and veggie cups also offered daily.

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Breakfast is served at 10:30 AM (9:30 on Wednesdays) in the cafeteria.

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